

# ONLINE CERTIFICATION COURSE SYLLABUS

# **INSTRUCTORS**

Kari Fulmek	Carolyn Charles	Jane Hemingway-Mohr
kari@equineconnection.ca	carolyn@equineconnection.ca	jane@equineconnection.ca
Carseland, AB Canada	Carseland, AB Canada	Sydney, NSW Australia
403-519-6765	403-560-1153	+61 417 499 693

# COURSE DESCRIPTION

Equine Connection is dedicated first and foremost to the welfare of the horse! Devoted to excellence in teaching, learning, research, science, business, entrepreneurial training, never-ending training, and developing leaders who want to make a difference by helping people. This Certification in Equine Assisted Learning (EAL) provides course participants with resources for teaching critical thinking skills and establishing solid life skills in their future clients. Certified facilitators enter into the world of EAL after completing this course and are able help humans to apply these new cognitive strategies.

Participants will receive instant access to their Online Certification. The training is flexible, allowing participants to complete their training over a few days, a week, or a few months. Theory is completed online at participants own pace. Online training includes a variety of readings, visuals, stories to connect the theory, and auditory materials.

This Equine Assisted Learning Formula is considerably different from any other equine-guided program, as it is designed to produce consistent, desired and predictable outcomes when all 6 components of the formula are present.

#### The 6 Components:

- 1. Establishing the foundation for understanding through a behaviour modifying module which includes self-evaluation, new skills learned, and specific behavioural choices as a result of increased self-awareness and personal accountability (relationship);
- 2. Facilitating a curriculum; based on the theoretical foundations of behaviour modification;
- 3. Incorporating the basic principles of operant conditioning, the program's "Formula" becomes fully interactive, providing participants with an opportunity for engagement in experiential learning. Active participation paired with a positive response as it relates to a particular behaviour is observed to increase the occurrence of the learned behaviour over time (formula);
- 4. Monitoring the horse's response to the slightest change in the participant's intention, emotion, and physical expression allows the facilitators to 'read' the participant when it may be otherwise impossible. In turn, the facilitation strategies used by the facilitator can be adapted immediately to suit the participant's responses.

Working with the horse in this way provides a meaningful outcome for both the participant and facilitator (horse);

- 5. Transferring observational cues related to the horse's response from the facilitator to the participant builds skill in identifying and taking note of their intentions concerning the horse, altering their behaviours, and using these same techniques in their life beyond the confines of the arena. Through this experience, the participant develops a better understanding of the nature of the consequence for his or her actions (facilitation); and
- 6. Evaluating the participant's learning immediately following the arena experience builds personal accountability into the program. Accountability includes documentation of the arena experience and a reflection from the participant.

# **COURSE GOALS**

Students who complete this course successfully will be able to:

- Understand and Define Equine Assisted Learning
  - Fundamental Principles
  - EAL Formula
  - EAL's Application
  - EAL Program Benefits
  - Understand Character as a Learned Behaviour
    - Symptoms / Problems Examples of Problems
      Communication Styles and Assessment / Examples of Symptoms
    - Hard Wiring / Soft Wiring
  - Understand the True Nature of Horses and Why We
    Behaviour Assessment in EAL Facilitation Work With Them
    - Full Horse Welfare: Physically, socially and psychologically
    - How They "Speak"
    - Body Language
    - Sounds
    - Hierarchy
  - Understand the Quality of a Lesson Horse
    - Traits of a Herd of Lesson Horses
    - Why the Training Never Ends
    - When Does a Lesson Horse Need to be Re-Schooled
    - Building Your EAL Team
    - How a Horse Communicates

- Recognize the Difference Between Facilitating and Teaching
  - Form of Delivery
- Understanding the Learning Process and Engagement
- Creating Opportunities for Learning
- Definition of a Facilitator
- Understanding the Definition of Conflict and Its **Importance**
- Business Essentials in Equine Assisted Learning
  - Who is Your Audience?
  - Supplies
  - Incorporation Vs. Non Profit
  - Insurance
  - Set Up of Company
  - Marketing to Your Audience
  - Programming and Pricing
- Branding/Marketing
  - Logos and Branding
  - Websites
  - Marketing/Social Media

# REQUIRED TEXTS, MATERIALS, OR EQUIPMENT

- Textbook Package
  - Hard copies mailed to your registered address
- Technology
  - O Internet connection
  - o Computer or laptop with the ability to play audio, watch videos, and access the teachable.com platform.

Through our self-study courses, learning is more than just theory; it's a visual experience! Studies show that when information is presented in video form, we remember and retain significantly more. Video instruction also creates the feeling of being present; enhancing cognitive understanding and social presence. Furthermore, through demonstrations, you will learn to put abstract concepts into practice faster for improved real-world application.

# **COURSE GRADING**

Students will be required to take an online final exam after the course is completed. Students will need to receive a passing grade of 80% or higher.

# COURSE COMPLETION

'No-Travel' Training can be done virtually, in the comfort of your own home. We have developed a virtual training to let you walk through the hands-on portion to get you started on your journey! This includes a variety of videos to demonstrate what you will through during the 3-day hands-on part of your training so you can get the "feel" of how you will look to the horses and facilitate. Plus you will see how you will set up your programs for your clients to get them to success! Once completed you will receive your certificate in the mail.

# COURSE POLICIES AND INFORMATION FOR STUDENTS

#### INCLUSIVE LEARNING ENVIRONMENT STATEMENT

The best learning environment—whether in the classroom, online, or arena – is one in which all members feel respected while being productively challenged. We are dedicated to fostering an inclusive atmosphere, in which all participants can contribute, explore, and express their own ideas and questions as well as those of others. Every participant has an active responsibility to foster a climate of intellectual stimulation, openness, and respect for diverse perspectives, questions, personal backgrounds, abilities, and experiences, although instructors bear primary responsibility for its maintenance.

# 1. ATTENDANCE POLICY

Students can work at their own pace. The course is designed to be completed in a few days, a few weeks, or if you require a few months. You will type in your answers within the teachable platform so we know you are moving through the course.

# 2. POLICIES ON EXAM

Students are required to receive a passing grade of 80% or higher on the final exam. Study from your 'Study Questions' for each chapter. If a student does not pass, they will have **one** opportunity to re-take the final exam, a minimum of 7 days later to allow for study time. If on the second attempt, the student does not pass, they will be required to retake the five days online for a fee.

#### 3. CANCELLATION POLICY: Life Happens Policy:

We understand that sometimes life happens, and sometimes commitments cannot be honoured. If you need to change your training to a different option just let us know OR we can transfer your deposit to any other services that Equine Connection provides. NO REFUNDS.

# PRELIMINARY SCHEDULE OF TOPICS

# Chapter 1

Equine Assisted Learning (EAL) Defined

- Why Horses?
- Horses teach empathy
- They are not judgmental or able to coddle
- EAL's program is specifically set up to build empathy and provide education
- Understand the fundamental principles of the program and why it works
- EAL Formula/Application/Predictable Outcomes
- EAL's Program Benefits
- Understand that you can be highly successful with this innovative solution

#### Character - is a Learned Behaviour

- How do you build character?
- Work on building character without favouritism with horses
- Symptoms/Problems Examples of Problems/Examples of Symptoms
- Hard Wiring/soft Wiring

Develops a hierarchical system of principles and guidelines with the horse

- Learns in a way that will produce lasting change in the individual
- Gives you a measurable outcome to see what's working/not working
- You can use it for any age or industry, from training executives to teaching kids at school

# Chapter 2

Recognizing the Difference Between Facilitating and Teaching

- Define Presentation, Teaching, Learning, Facilitation
- Form of Delivery for the exercises and curriculum programs
- Facilitate, engage and teach real change to groups or individuals

#### **Understanding the Learning Process**

- Achieve a new level of understanding of the learning process
- Learn how to purposefully engage in the learning process
- Learn how to engage in the learning process by identifying characteristics of it, all six levels of understanding, and four levels of learning.

# Creating Opportunity for Learning

- Definition of a Facilitator
- Facilitate leadership growth through a transformative experience
- Communication Assessment
- Roles of a Facilitator



# Chapter 3

### HORSE KNOWLEDGE & WELFARE

Understanding the Language

- Hierarchy of the Herd The parallels for humans to the herd
- Better understand herd hierarchy and how it applies to you
- Attributes of the Horse Instincts
- Learned Behaviours -
- Herd Mentality knowledge will increase empathy for both people and horses
- Understand what horses use body language for. What posture means what emotion?

# Surviving a World of Subtleties

- 5 Main Communicative Sounds
- Desirable Traits / Workable Traits / Non Desirable Traits
- Space, Relation to Communication
- How is it Relevant to EAL

# What Is a Quality Lesson Horse?

- Traits of a Herd of Lesson Horses
- Why the Training Never Ends
- When Does a Lesson Horse Need to be Re-Schooled
- Building your EquineTeam for your Business
- How a horse communicates

# Chapter 4

# **Understanding Conflict**

- Understanding conflict is integral to understanding its manifestations and how we can work through it
- Four basic types of conflict
- Reducing the number of types of conflicts that exist by examining their essential characteristics and then determining which should be resolved within the individual
- Contributing elements of conflict
- Indicators of avoidance or attention getters

# Behaviour Assessment in EAL Facilitation

- Cycle of Active Listening
- Assessing Behaviour
- Understanding Body Language
- Create a Positive Learning Environment

### Why Am I Having Problems?

- Learns in a way that will produce lasting change in the individual
- Why students don't listen
- Get measurable outcomes to see what's working/not working
- Preparation is an Important Key to Your Presentations Success
- Eight Great Rules of Engagement\Communication Barriers
- When Groups Are Unable to Focus
- Evaluating Your Performance

Certification Final Exam



# Business **Business Day** Portion What do you need to get started Certified training modules to use for your business • You can use it for any age or industry, from training executives to teaching kids at school • Differentiate your business with a high level of expertise in equine field What do you need to understand about your target market • Enhance your career opportunities by learning employable skills • Strategies for entrepreneurship and leadership to help you succeed • Incorporation Vs. Non Profit Insurance • Set up of your business • Marketing to your audience • Corporate/Youth Programming and Pricing • Join other entrepreneurs on this journey of learning Branding/Marketing • Logo • Increase ROI on your ad campaigns Branding • Media Release Verbiage and how to market to your target market Websites • Social Media - Get a wide variety of marketing content and what platforms work **Ongoing Support Platforms**

# Disclaimer

The instructor reserves the right to make modifications to this information



# **Logic Model**

# **Situation**

Help humans while working with horses.

A career with horses to make a living.

Work with horses instead of using horses.

Need a business model with a return on investment.

I am not a therapist or psychologist.

Want a credible certification.

SAFFTY #1

# Certification

International

Certification.

Development.

Free Training.

including all

Ongoing Support &

**Business Package** 

exercises you will

Worldwide Network.

Regulated

Life Skill

# Once Certified, What Happens?

Implement business training such as:

- Determining target markets
- Practice programs to build confidence and expertise
- Develop marketing strategies, websites & online strategies and set up your new business with success.

Gain a new relationship with your horse(s) & work with them in a different way.

Find freedom in being self employed and knowing how.

Deliver exercises with an objective.

A step-by-step action plan.

Change people's lives.

Formula for success.

Effectively manage groups.

Receive a return on your investment.

# **Your Guarantee is Our Reputation Viable Sustainable**

Predictable results.

three organization

Earn a living with only

clients with contracts.

Applicable to all markets such as;

- Youth
- Corporate Teams
- Women
- Men
- Grief Recovery
- Addictions Recovery
- PTSD Recovery
- All human beings can benefit from life skills.

Researched and scientifically based.

Five-year research study on these specific skill development programs.

Empower individuals.

Organizations will continue to renew contracts with different participants.

Exercises are applicable to all clients of the cognitive age of 8 and up.

Proof that this experiential learning works. Research completed through three universities. Certification is also partnered with Equine Guelph, the horse owner's Centre at the University of Guelph.

Training & support forever allows you to continue to change lives while working with horses to fulfil your purpose and find success, all while moving your business forward!

# **Priorities**

Viable Business

**Ethics for Certified** Facilitators

Established January, 2009

**EAL Network** 

Support

Governance &

Governance

Horse Welfare

**Business Training** 

Integrity.

Marketing.

run.

Communication Training.

Post Course Online Review.

Therapeutic Benefits Without Therapy.

Understand horse communication in depth. A horse is not a human.

Conflict Resolution.

Credentials & Professional Standards.